

PSHE: LONG-TERM OVERVIEW — YEAR 7

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	Celebrating Diversity & Equality	Health & Wellbeing	Relationships & Sex Education	Staying Safe Online and Offline	Rights, Responsibilities & British Values	Life Beyond School
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 7	Identity, Nature vs nurture, The Equality Act, Breaking down stereotypes (gender and age), Multicultural Britain, Prejudice and discrimination	Puberty- girls/boys, hygiene, assertiveness, consent, hormones, self-esteem and empowerment	Consent and boundaries, Managing friendships /relationships, respect, being positive and self-esteem, peer-pressure and influence	Gangs, social networks, safety in gaming, alcohol, nicotine, Vaping, caffeine, knife crime	Politics and parliament, political parties, campaigning, debates, the Prime Minister	Sleep and relaxation, getting to know people, transitions, career and choices, finance and community
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Impact of stereotypes on career choices	Self-awareness and risk management	Wellbeing for aspirations and success at school and beyond	Risk management and impact	Careers within the justice And political system	Considering different sectors of work, financial implications

PSHE: LONG-TERM OVERVIEW — YEAR 8

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	Celebrating Diversity & Equality	Relationships & Sex Education	Rights, Responsibilities & British Values	Staying Safe Online and Offline	Health & Wellbeing	Life Beyond School
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 8	LGBT awareness, homophobia in society, supporting a friend, transphobia and coming out	Sexual orientation, gender identity, healthy relationships, dealing with conflict, introduction to contraception, periods and menstrual cycle	Decision making, criminal responsibility, laws, community cohesion, prison, reform and punishment	County Lines, Substance misuse, grooming, alcohol and society, cyber bullying	Child Abuse, Types of Bullying & Responding to Bullying, Mental health, body image, healthy eating, stress	Enterprise skills, values, career interests, self-esteem, LMI (Labour market Information), employment sectors
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Diversity and equality of opportunity, diversity in the workplace	Importance of health & wellbeing and its potential to impact you in the long-term	Linking personal interests to potential career choice, local LMI, understanding different sectors	Risk management and impact on career choices within this area	Understanding that feeling confidence in who you are will improve self-esteem	Risk management and impact on career choices

PSHE: LONG-TERM OVERVIEW — YEAR 9

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	Staying Safe Online and Offline	Health & Wellbeing	Rights, Responsibilities & British Values	Life Beyond School	Relationships & Sex Education	
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 9	Drug education classifications, cannabis, "party drugs," volatile substance abuse, different types of addictions	Body confidence- understanding the male and female reproductive systems, bullying, dealing with grief and loss, media and air-brushing, self-esteem, cancer prevention and healthy lifestyles	Critical thinking and fake news, British Values, Human rights and their importance, balancing human rights	Failure and success, social media and online stress, First Aid, improving mental health, anger management, employment and financial management, saving money	Consent and the law, delaying sexual activity, relationships and partners, STI's Treating STI's & Clinics, contraception, sexual harassment and stalking, HIV and AIDS- discrimination	
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Risk management and impact on your future	Risk management and impact on your future	Linking personal interests to potential career choice, local LMI, understanding different sectors	Thinking ahead- consequences of behavioural and financial decisions	A healthy/unhealthy relationship permeates all aspects of your life. The consequences of an abusive relationship can also affect your career and finances	